



**“Being fit and sociable through dance, music and local dishes”**

**Programme**

<b>date</b>	<b>time</b>	<b>programme</b>	<b>remarks</b>
18/05/2015 MONDAY	17:30 h	meeting in the hotel lobby (IBIS) and meeting at the hostel (Naturfreundehaus), walking to the Hans-Sachs-House together	you will be picked up by two groups of students
	18:00 h	snacks and refreshments at the Hans-Sachs-House (town hall), information about the next day	
19/05/2015 TUESDAY	9:15 h	meeting in the hotel lobby (IBIS) and meeting at the hostel (Naturfreundehaus), walking to school together	you will be picked up by two groups of students
	10:00 h	Welcome Show in our school's assembly hall, speech by Mr Baranowski, the mayor of Gelsenkirchen	with presentations of all four Comenius teams (about 5 minutes each)
	12:00 h	lunch at school canteen	
	13:30 h	rehearsal of the flashmob choreography either in the schoolyard or in the gym	wear shoes in which you can dance
	14:30 h	travelling together to the zoo by tram	tickets will be provided by us
	15:00 h	visiting the zoo (“ZOOM”)	there are several cafés in the zoo
	18:00 h	travelling back to the hotel and the hostel	you will be brought by two groups of students
20/05/2015 WEDNESDAY	20:00 h	dinner: big selfmade Welcome Buffet at school	
	9:00 h	meeting at school tour through the building in guided groups	
	9:35 h	coffee and refreshments at the school canteen	
	10:15 h	walking to the city park together with the whole school (about 650 people)	
	11:00 h	“Sponsored Run” of the Lessing-Realschool and their guests in the city park (the participants will be 'paid' by their sponsors for every round they run or walk during those 60 minutes)	jogging for one hour (voluntarily of course!), bring running clothes/shoes
	12:15 h	<b>FLASHMOB</b> in the city park	bring your red T-shirts, please



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	12:45 h	walking back to hotel and hostel	you will be brought by two groups of students
	13:00 h	free afternoon to recover and having a look at the city centre	
	16:30 h	meeting of the coordinators at school	- final report - evaluation by kids - Span. photo book - preparing the photo/film-show on Thursday...
	18:00 h	barbecue at the school's pavillion	we can also sing and dance a bit
21/05/2015 THURSDAY	9:30 h	Polish team will walk to the IBIS hotel	you will be picked up by students
	10:00 h	meeting at the IBIS hotel, travelling to the “Veltins Arena” by tram together	tickets will be provided by us
	11:00 h	guided tours through the “Veltins Arena”, the legendary football stadium of SCHALKE 04	in English and German
	12:30 h	travelling back to school together by tram	
	13:00 h	lunch in the school canteen	
	14:00 h	group photo (portrait) in the schoolyard	
	14:30 h	big photo- and filmshow in the assembly hall (documentary of the last 2 project-years), karaoke singing	every Comenius team brings photos/films of their meeting
	16:00 h	returning to hotel and hostel, recovering and styling:-)	
	17:30 h	walking from hotel and hostel to the restaurant in the city centre	you will be picked up by two groups of students
	18:00 h	dinner (buffet) in the Chinese restaurant “Lotusgarten”	15 Euros per teacher, students are free
	20:00 h	disco at school (as long as we want!) (with snacks and drinks)	all the final paper stuff will be done during the disco
22/05/2015 FRIDAY	10:00 h	farewell meeting at hotel / hostel, visiting the “Stairway to heaven” (an old coal-slagheap, from where you have a nice view over the Ruhr area)	depending on who is still there, can be arranged on Thursday evening